

My Journal

My Full Name _____

Birth Date _____ Place _____

Age _____ Height _____ Weight _____ Eye Color _____ Hair Color _____

My Parents _____

My Favorite Things

Color _____

Food _____

Things to Do _____

My Goals

Other Things I Like

My Typical Day

I am a unique and special child of Heavenly Father. He loves me, and I love Him. I want to return to live with Him someday.



My Family

(Names, Birth Dates, and Why I Love Them)

My Grandparents

(Names, Birth Dates, and Why I Love Them)

(How I Feel About Heavenly Father and Jesus Christ)



Heavenly Father
sent me to a
family on earth.
He gave me the
greatest gift of
all, His Son,
Jesus Christ.

My Friends

Who They Are, Why They're Great, What We Do Together

My bishop is _____

My Primary teacher is _____

My home teachers are _____

Heavenly Father has sent many people to love and help me, including Jesus Christ. They want me to love and help others, too.



How I Can Be a Good Friend

How I Feel When I Go to Church

My Heroes

People Who Have Made Good Choices and Set a Good Example for Me

After I am baptized, Heavenly Father and Jesus Christ will give me the gift of the Holy Ghost.



What I'd Like to Be Like When I Grow Up

How the Holy Ghost Has Helped/Will Help Me

Activities That Keep Me Busy

What Makes Me Special

How I Can Show Heavenly Father
and Jesus Christ That I Love Them



I love Heavenly Father and Jesus Christ.
I want to show Them that I love Them through my actions.

I Am Thankful For

Heavenly Father gave me music.
My Favorite Songs



He gave me a body so I could
do many wonderful things, such as



Heavenly Father has given me many blessings
to show His love for me, to help me be happy, and to help me return
to live with Him again.